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# THE CRYSTAL RECORDS

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## Spring is here and so is our New Material!

Welcome to the spring edition of our newsletter! We are excited to announce that we returned from the Tucson Gem & Mineral Show with lots of new and gorgeous specimens. It's been a rainy couple of weeks worth of hard work unpacking, organizing, and getting all of our new material ready and out on the floor. As always, it was worth every second! Here are just a few of our favorite new finds that are available right now in our crystal gallery, as well as some of our crystal recommendations for this coming spring.



## Crystal Singing Bowls

Behold! One epic set of beautiful resonant frosted quartz crystal singing bowls, comprised of all the notes of the C major scale, has made its way to our crystal gallery. The notes we have are: A, B, C, D, E, F & G. We are so excited about these singing bowls! Each bowl produces a wonderful pure fundamental tone accompanied by several other overtones from the harmonic series. Reported benefits from singing bowls and singing bowl therapy include: deep relaxation, stress relief, pain relief, and an overall healing effect that may help alleviate symptoms from a variety of conditions.

## Fairy Stones

Fairy Stones are calcite mineral concretions created by concentric layers of clay, silt sediment, and fossilized micro-organisms deposited over time at the bottom of rivers and lakes by receding glaciers. Our Fairy Stones come directly from the Harricana river that runs through Quebec, Canada. Native American legends tell us that fairy stones attract health, prosperity, and good luck while offering protection against evil spirits. They were given as gifts between loved ones and were honored and revered. Fairy Stone energy is the energy of the spirits that occupy the natural world. The unique circular shapes of fairy stones are all naturally occurring.



## Green Onyx Bowls

Perhaps our favorite new find, these food grade Green Onyx bowls would make a wonderful addition to any collection as they are both functional, beautiful, and energetically powerful! Onyx is a variety of chalcedony and is distinguished by its parallel banding. It has been used around the world and throughout history in carvings, pottery and jewelry. Ancient Egyptians used Onyx to make bowls such as these during the Second Dynasty. Onyx is an excellent protective talisman as it



imparts endurance, strength, determination and grounding to an individual’s energetic field while nurturing their soul and body. Green Onyx is associated with the energies of the heart chakra and is believed to improve memory and communication.

### Gumdrop Prehnite is Back!

These small botryoidal Prehnite formations come from Africa and share all of the same properties as regular Prehnite, an excellent heart chakra stone that is said to heal the healer. We briefly had these special formations in stock long ago in 2021 and are happy to announce that they have returned to grace our gallery with their mighty green presence!



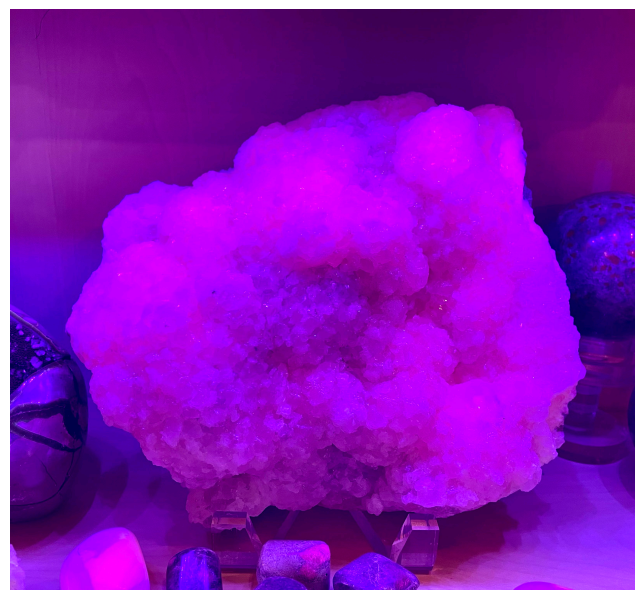
### Large & Special Specimens!

Pictured below are two new larger pieces that we fell in love with at the Tucson show and simply had to bring back home to the gallery.

The first piece is an incredible Mangano Calcite specimen (pictured below) that glows bright pink under UV light. The name “Mangano” is in reference to manganese, which is the element that gives pink calcite its color. Metaphysically, Mangano Calcite is known to be a heart healing crystal that helps people move on from trauma and emotional pain. It also promotes inner peace, self love, joy, and compassion. This piece would make an excellent choice for anyone looking to move forward in their healing journey in a loving way.



Sunlight



UV Lighting

The second piece is a stunning Zeolite Specimen that contains both Apophyllite and Stilbite (pictured on the right). The combination of these two crystals is not only visually pleasing, but also makes for a great energetic duo. Apophyllite is a stone of truth that allows people to recognize their true selves and brings clarity on how to share that inner light with the world. Stilbite is a very gentle and loving crystal. It helps to quiet the mind and soothes insomnia. Together, these crystals create a space of understanding, love, and acceptance. Both have very calming energies that will cleanse, rejuvenate, and uplift anyone that comes near this gorgeous piece.



Zeolite Specimen from India



### New Moroccan Citrine

These cute little clusters of Citrine have a unique growth structure and a dark amber color that is naturally occurring. We repeat, this Citrine is NOT heat treated! This type of citrine was previously undiscovered and has only recently begun emerging from the Atlas Mountains of Morocco.



## Our Spring Recommendations

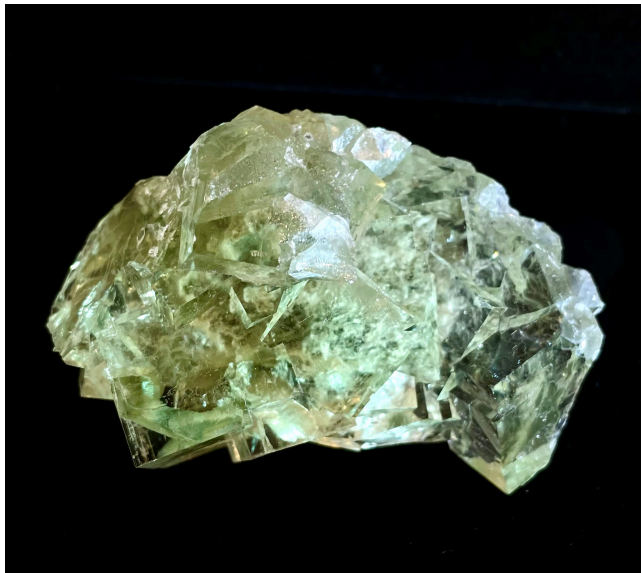
Now that you are all caught up on some of our recent Tucson finds, we wanted to recommend a few crystals to help you make the most of the spring season.

### Lepidolite for Spring

Lepidolite is our first choice for spring because it is an excellent crystal for transitions. As winter starts to come to a close, Lepidolite can help with all the necessary spring cleaning.



This silvery, purple stone is beneficial for anyone needing to restructure, reorganize, or ready for change. These can all be scary undertakings, which is why Lepidolite is such a great crystal to have on hand because it also reduces any stress or tension that may arise. Whether you are in the middle of an uncertain time in your life or ready to take the plunge into something new, Lepidolite is there to facilitate any and all needed change.



### Fluorite for Spring

Here is a show-stopping piece of Green Fluorite from the Xianghualing mine in China, which is a highly sought after locality by collectors. Green Fluorite is our other pick for spring because of its reputation for promoting growth and renewal. This is a perfect crystal for anyone feeling rundown from these first few months of the year. Green Fluorite is a very healing stone that is known to both ground excessive energy and bring rejuvenation to anyone who needs it.

We have fluorite in our crystal gallery in a variety of different forms. Towers, spheres, small tumbles, and larger rough pieces are all represented. Come visit us the next time you're in Sausalito, or send us an email inquiry. We look forward to helping you find the perfect piece!



### The Big Baby is 94!

You read that right, the Big Baby turned 94 in February! Happy birthday, Big Baby! For those who don't know, Big Baby Coffee is named after the gallery owner, Luz Elena's, father. Gildardo Castro Vasquez was lovingly given the nickname "Bebe Grande" by one of his grandchildren, and the family thought it was the perfect name for the coffee company!

Luz Elena & the Big Baby team began importing the delicious Colombian coffee that grows on her family farm in October of 2023. Since then, we have heard nothing but rave reviews! If you are looking for another way to support our business, find your new favorite coffee, or best express your birthday wishes to the Big Baby, feel free to purchase one of our 8 oz or 12 oz bags of roasted coffee from our crystal gallery or from the official Big Baby Coffee website: [www.bigbabycoffee.org](http://www.bigbabycoffee.org).

Big Baby Coffee is also on Instagram @drinkbaby. Follow us for exclusive Big Baby content!

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## Happy Spring!

That's all the news we have for now! Happy Spring from everyone here at Dynamic Energy Crystals. We hope that this is a fruitful and healing time for the world and for all of our clients. If you want to stay up to date with our crystal gallery, please follow us on Instagram @dynamicenergycrystals where we frequently post new crystal arrivals and other fun information about different crystals, gems & minerals you may have never heard of! Thank you for supporting us and taking the time to read this issue of *The Crystal Records*.

*Sincerely,*

*Luz Elena & the Dynamic Energy Crystals / Big Baby Coffee Team*



**Pictured:** Our Crystal Grid for March features Clear Quartz and Shungite, an excellent combination for cleansing and detoxifying.